

Nora Young

Tech journalist

Nora Young is the host and creator of CBC's *SPARK*, a fun and informative look at new technology, that explores how it is changing our relationships, our work, and our culture. She was the founding host of the CBC Radio show, *Definitely not the Opera*, where she often focused on new media and technology, as well as arts and popular culture. She has made documentaries and miniseries exploring a range of questions about being human in a rapidly changing world.

As a journalist, author, and speaker, Nora explores how new technology shapes the way we understand ourselves and the world around us. Her book, *The Virtual Self*, on the explosion of data about our behaviours, opinions, and actions, is published by McClelland and Stewart. Her favourite technology is her bicycle.